

Johanna Locketti is an ex primary school teacher and eternal optimist with a healthy zest for life. She is a Bachelor of Education, Master of Hypnotherapy, Master of Neuro Linguistic Programming (NLP) and a Master of Time Line Therapy™ (TLT).

She has combined her gifts to bring to you this deep and powerful hypnosis. As she guides you through the relaxing, healing journey you will become more and more relaxed... benefitting from the power of positive suggestion and metaphor, overcoming problems even when the going gets tough.

Johanna is passionate in her belief that being positive and using meditation or hypnosis can benefit health. Indeed, researchers in Canada have found that mindful hypnosis can actually alter cellular activity as published in their "Cancer Journal" November 2015 edition.

If you have been diagnosed with cancer or know someone who has then please read on.

Using a combination of positive suggestion, Time Line Therapy, Hypnosis and metaphor, I have created this powerful and pleasant hypnotic visualisation with the intention of regenerating healthy cells and tissue, and dealing with your physical and emotional wellbeing.

I will guide you through as you listen to my voice and hypnotic music, letting that powerful mind of yours work its magic towards your goal.